Psychology in Motion



Dr. Louisa B. Gembora

Passion for Psychology and Performance

Who is she?

Dr. Louisa Gembora, a Clinical Psychologist, has been practicing in Ontario for 22 years. A former Director of Psychology at the Hamilton Psychiatric hospital, Dr. Gembora supervised psychology personnel in the Acquired Brain Injury unit. She was a former President of the Canadian Association of Psychology and Disability Assessment. She has also worked for Corrections Canada and has appeared in court as an expert witness in psychology regarding both criminal and medico-legal matters.

In the Community

Dr. Gembora was awarded the Paul Harris Fellowship by Rotary International and is an active member of the Rotary Club of Downtown Hamilton. She has a passion for racing cars and provides instruction in high performance driving, enjoys soft adventure travel, and loves her parrot, "Porsche". Also a former judge of Canada's Worst Driver, Dr. Gembora has great humorous experiences to share and draws great parallels between the excitement and experience of motion on the road and the fast paced change we experience in our day-to-day lives.

Success is around the next bend in the road!

Speaking Topics

Strive for Success with less Stress

The Bend in the Road: Coping with Change

Mental Training for Career Performance

Mid-life Visioning

Harnessing Your Fear

Who am I? - Defining Yourself